



Northwestern School District Breakfast Menu November 2016

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	1 Egg and Cheese Taco Assorted Juice or Fruit Low Fat Milk	2 Waffle Minis Assorted Juice or Fruit Low Fat Milk	3 Cinnamon Roll Assorted Juice or Fruit Low Fat Milk 	4 Banana Bread Assorted Juice or Fruit Low Fat Milk
7 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk 	8 Pancake Minis Assorted Juice or Fruit Low Fat Milk	9 Banana Bread Assorted Juice or Fruit Low Fat Milk	10 Waffle Minis Assorted Juice or Fruit Low Fat Milk	11 Benefit Bar Assorted Juice or Fruit Low Fat Milk
14 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	15 Cinni Minis Assorted Juice or Fruit Low Fat Milk	16 Whole Grain Muffin with Jungle Crackers Assorted Juice or Fruit Low Fat Milk 	17 Egg and Cheese Taco Assorted Juice or Fruit Low Fat Milk	18 Cinnamon Roll Assorted Juice or Fruit Low Fat Milk
21 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	22 Whole Grain Donuts Assorted Juice or Fruit Low Fat Milk 	23 French Toast Minis Assorted Juice or Fruit Low Fat Milk	 NO SCHOOL 24TH-28TH	
28 NO SCHOOL  Whole Grains Available Daily	29 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	30 Whole Grain Goody Ring Assorted Juice or Fruit Low Fat Milk		

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Options May Include:

Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast
Hot Breakfast Sandwich
Cereal with Whole Grain Jungle Crackers

Variety of Fresh Fruit, 100% Fruit Juice and



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
Elementary Paid \$1.00
Middle/High Paid \$1.10
Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE