

Northwestern School District Elementary Lunch Menu November 2016

**AFTER SCHOOL DINNER PROGRAM COMING
SOON!! MORE INFORMATION WILL BE SENT HOME
WITH STUDENTS.**

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk <i>*Students must choose at least one fruit or vegetable</i></p>	31 BBQ Chicken Sandwich on a Bun Vegetable Blend Applesauce Fat Free Milk	1 Sloppy Joe on a Bun Romaine Salad Chilled Pears Fat Free Milk	2 French Toast Sticks with Syrup Sausage Patty Tator Tots Mandarin Oranges Fat Free Milk	3 Chicken & Cheese Taco with a Bread Slice Bean & Corn Salad Fresh Fruit Fat Free Milk	4 Toasted Italian Hoagie Chicken Noodle Soup Sliced Carrots Peaches Fat Free Milk
	7 Chicken Patty on a Bun Tator Tots Applesauce Fat Free Milk	8 Beef & Cheese Nachos with a Bread Slice Romaine Salad Sliced Peaches Fat Free Milk	9 Pasta with Meat Sauce and Garlic Bread Green Beans Mandarin Oranges Fat Free Milk	10 BBQ Rib Hoagie Golden Corn Pineapple Tidbits Fat Free Milk	11 Cheesy Hot Dog On a Bun French Fries Blue Fruited Jell-o Fat Free Milk <i>Free Cake Dessert</i>
<p>Fresh Fruits and Vegetables Offered Daily *Vegetables include: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber *May choose two 1/2 cup servings</p> <p>*Fruits include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce *May choose 1/2 cup serving</p>	14 Chicken Nuggets with a Bread Slice Sweet Potatoes Mixed Fruit Fat Free Milk	15 Grilled Cheese Sandwich Tomato Soup with Crackers Fresh Veggie Cup Applesauce Fat Free Milk	16 NWE WELLNESS Soft Taco with Toppings Bread Slice Bean Dip Diced Pears Fat Free Milk <i>Wellness Wednesday</i>	17 "Turkey Dinner Day" Roasted Turkey Gravy with Stuffing Whipped Potatoes with Gravy Roll & Margarine Assorted Fruit Fat Free Milk <i>Free Cookie</i>	18 Cheeseburger On a Bun French Fries Peach Cup Fat Free Milk
	21 Chicken Strips with a Roll Seasoned Riced Sliced Carrot Mandarin Oranges Fat Free Milk	22 Early Dismissal Sausage, Egg, and Cheese on a Bagel Tator Tots Fruit Cup Fat Free Milk	23 Early Dismissal Pepperoni Pizza Assorted Veggie Cup Applesauce Fat Free Milk	24 No School	25 No School
<p>Lunch Prices: Paid \$1.85 Reduced \$.40</p> <p>Milk Choices Offered Daily Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White</p> <p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>	28 NO SCHOOL 24TH - 28TH	29 Hamburger on a Bun Golden Corn Applesauce Fat Free Milk	30 Pepperoni Pizza French Fries Peaches Fat Free Milk	<p><i>Now featuring a Munchable every Tuesday and Thursday for lunch!</i></p> <p><u>Nachos & Cheese ~ Tuesday's</u> <i>Shredded cheese, nachos, salsa dip, chocolate chip cookie</i></p> <p><u>Ham & Cheese ~ Thursday's</u> <i>Ham and American cheese Slices, crackers, strawberry yogurt and cereal</i></p> <p><u>Next Month Featuring Pizza Dippers or Chicken Nuggets</u></p>	
	Monday Corn Dog Nuggets with Bread Slice Chef Salad with Bread	Tuesday Peanut Butter and Jelly Sandwich Nachos & Cheese Munchables	Wednesday Breaded Chicken Patty on a Bun Chef Salad with Bread	Thursday Peanut Butter and Jelly Sandwich Ham & Cheese Munchables	Friday Cheese Pizza Chef Salad with Bread