

# Northwestern School District Breakfast Menu January 2017

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	3 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	4 Waffle Minis Assorted Juice or Fruit Low Fat Milk	5 Cinnamon Roll Assorted Juice or Fruit Low Fat Milk	6 Banana Bread Assorted Juice or Fruit Low Fat Milk
9 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	10 Pancake Minis Assorted Juice or Fruit Low Fat Milk	11 Banana Bread Assorted Juice or Fruit Low Fat Milk	12 Whole Grain Donuts Assorted Juice or Fruit Low Fat Milk	13 NO SCHOOL
16 NO SCHOOL	17 Cinni Minis Assorted Juice or Fruit Low Fat Milk	18 Funnel Cake with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	19 Egg and Cheese Taco Assorted Juice or Fruit Low Fat Milk	20 Cinnamon Roll Assorted Juice or Fruit Low Fat Milk
23 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	24 Whole Grain Donuts Assorted Juice or Fruit Low Fat Milk	25 French Toast Minis Assorted Juice or Fruit Low Fat Milk	26 Waffle Minis Assorted Juice or Fruit Low Fat Milk	27 Benefit Bar Assorted Juice or Fruit Low Fat Milk
30 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	31 Cinnamon Roll Assorted Juice or Fruit Low Fat Milk			Whole Grains Available Daily

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

### Middle & High School Options May Include:

Banana or Blueberry Muffins  
Chocolate Chip Oatmeal Breakfast Bar  
Warm Grab & Go Breakfast Sandwiches  
Fortified Breakfast Pastries  
Warm Bagels  
Yogurt & Toast  
Hot Breakfast Sandwich  
Cereal with Whole Grain Jungle Crackers

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



### Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White

Proud to manage your  
food service program



Meal Prices:  
Elementary Paid \$1.00  
Middle/High Paid \$1.10  
Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

**MENUS SUBJECT TO CHANGE**