

Northwestern School District Elementary Lunch Menu December 2016

Food Service Director: Heather Brady
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Cafeteria Clerk: Roberta Roseski
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*



Fresh Fruits and Vegetables Offered Daily

***Vegetables include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
***May choose two 1/2 cup servings**

***Fruits include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
***May choose 1/2 cup serving**

MENUS SUBJECT TO CHANGE



Lunch Prices:
Paid \$1.85
Reduced \$.40

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h2 style="color: blue;">No School</h2> <h3 style="color: blue;">December 26th –December 30th</h3>			1 BBQ Ham on a Bun Sweet Potatoes Mandarin Oranges Fat Free Milk	2 Cheesy Hot Dog on a Bun Baked Beans Applesauce Fat Free Milk 
5 Cheeseburger on a Bun Seasoned Broccoli Assorted Fruit Fat Free Milk	6 Beef & Cheese Nachos Romaine Salad Sliced Peaches Fat Free Milk	7 Salisbury Steak Whipped Potatoes with Gravy Pineapple Tidbits Roll & Margarine Fat Free Milk 	8 BBQ Rib on a Bun Sliced Carrots Mixed Fruit Fat Free Milk	9 Fish Sandwich Green Beans Mandarin Oranges Fat Free Milk
12 Chicken Strips with a Bread Slice Bean Salad Mixed Fruit Fat Free Milk	13 Taco Pizza Leafy Green Salad Diced Peaches Fat Free Milk 	14 Creamy Shells and Cheese with a Bread Slice Steamed Broccoli Diced Pears Fat Free Milk	15 Baked Ham Roll & Margarine Whipped Potatoes with Gravy Applesauce Fat Free Milk  Free Cookie	16 Chicken Patty on a Bun Fresh Carrots Applesauce Fat Free Milk
19 Hamburger on a Bun Sweet Potatoes Mixed Fruit Cup Fat Free Milk	20 Cheesy Bread Sticks with Dipping Sauce French Fries Mandarin Oranges Fat Free Milk Free Pudding	21 Meatball Hoagie Sliced Carrots Diced Peach Fat Free Milk	22 Chicken Alfredo over Pasta Seasoned Peas Chilled Pears Fat Free Milk	23 Walking Taco with a Bread Slice Refried Beans Fresh Fruit Fat Free Milk
Monday Corn Dog Nuggets with Bread Slice Chef Salad with Bread	Tuesday Peanut Butter and Jelly Sandwich Chicken Nugget Munchables	Wednesday Breaded Chicken Patty on a Bun Chef Salad with Bread	Thursday Peanut Butter and Jelly Sandwich Pizza Dippers Munchables	Friday Cheese Pizza Chef Salad with Bread