






# Northwestern School District Breakfast Menu August/September 2016

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Whole Grains Available Daily	8/30 Pancake Minis Assorted Juice or Fruit Low Fat Milk	31 Banana Bread Assorted Juice or Fruit Low Fat Milk	9/1 Waffle Minis Assorted Juice or Fruit Low Fat Milk	2 Benefit Bar Assorted Juice or Fruit Low Fat Milk
5  LABOR DAY	6 Cinni Minis Assorted Juice or Fruit Low Fat Milk	7 Whole Grain Muffin with Jungle Crackers Assorted Juice or Fruit Low Fat Milk 	8 Egg and Cheese Taco Assorted Juice or Fruit Low Fat Milk	9 Whole Grain Goody Ring Assorted Juice or Fruit Low Fat Milk
12 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	13 Whole Grain Donuts Assorted Juice or Fruit Low Fat Milk	14 French Toast Minis Assorted Juice or Fruit Low Fat Milk	15 Whole Grain Muffin with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	16 Mini Bagels Assorted Juice or Fruit Low Fat Milk
19 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk 	20 Breakfast Pizza Assorted Juice or Fruit Low Fat Milk	21 Pancake Minis Assorted Juice or Fruit Low Fat Milk	22 Cinni Minis Assorted Juice or Fruit Low Fat Milk	23 Benefit Bar Assorted Juice or Fruit Low Fat Milk
26 Yogurt with Jungle Crackers Assorted Juice or Fruit Low Fat Milk	27 Egg and Cheese Taco Assorted Juice or Fruit Low Fat Milk	28 Waffle Minis Assorted Juice or Fruit Low Fat Milk	29 Cinnamon Roll Assorted Juice or Fruit Low Fat Milk 	30 Banana Bread Assorted Juice or Fruit Low Fat Milk

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

### Middle & High School Options May Include:

Banana or Blueberry Muffins  
Chocolate Chip Oatmeal Breakfast Bar  
Warm Grab & Go Breakfast Sandwiches  
Fortified Breakfast Pastries  
Warm Bagels  
Yogurt & Toast  
Hot Breakfast Sandwich  
Cereal with Whole Grain Jungle Crackers

Variety of Fresh Fruit, 100% Fruit Juice and



### Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White

Proud to manage your  
food service program



**Meal Prices:**  
Elementary Paid \$1.00  
Middle/High Paid \$1.10  
Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE