

Northwestern School District Elementary Lunch Menu

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756



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Lunch Prices:
Paid \$1.85
Reduced \$.40

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>	<p>8/30 Beef & Cheese Nachos with Bread Slice Romaine Salad Sliced Peaches Fat Free Milk</p>	<p>31 Hot Dog on a Bun Baked Beans Applesauce Fat Free Milk</p>	<p>9/1 BBQ Rib Hoagie Sliced Carrots Pineapple Tidbits Fat Free Milk</p> <p>Lucky Veggie Day</p>	<p>2 Pasta with Meat Sauce Garlic Toast Green Beans Mandarin Oranges Fat Free Milk</p>
<p>5</p>	<p>6 Cheeseburger on a Bun French Fries Peach Cup Fat Free Milk</p>	<p>7 Walking Taco with a Bread Slice Bean Dip Diced Pears Fat Free Milk</p>	<p>8 Italian Dunkers with Sauce Steamed Broccoli Mixed Fruit Fat Free Milk</p> <p>Free Pudding Cup</p>	<p>9 Popcorn Chicken Bowl with Bread Slice Whipped Potatoes with Gravy Flavored Applesauce Fat Free Milk</p>	
<p>12</p> <p>Pepperoni Pizza Romaine Salad Mixed Fruit Fat Free Milk</p> <p>Lucky Fruit Day</p>	<p>13 Early Dismissal Sausage, Egg, & Cheese on an English Muffin Tator Tots Applesauce Cup Fat Free Milk</p>	<p>14 NWE Wellness Wednesday Saucy Meatballs with Rice with a Bread Slice Green Beans Fresh Fruit Fat Free Milk</p>	<p>15 Hot Ham and Cheese on a Bun Sweet Potatoes Chilled Pears Fat Free Milk</p>	<p>16 Chicken Fajita Wrap Bean Salad Apple Crisp Fat Free Milk</p>	
<p>19 BBQ Chicken Sandwich Roasted Chic Peas Diced Pears Fat Free Milk</p> <p>Free Cookie</p>	<p>20 Chicken Parmesan with Pasta and Red Sauce Golden Corn Applesauce Cup Fat Free Milk</p>	<p>21 Pepperoni Pizza Mixed Vegetables Mixed Fruit Fat Free Milk</p>	<p>22 Chicken Gravy over Whipped Potatoes Bread Slice Pineapple Tidbits Fat Free Milk</p>	<p>23 Cheeseburger on a Bun Seasoned Broccoli Fresh Banana Fat Free Milk</p>	
<p>26 Ham and Cheese Hoagie Fresh Veggie Cup Applesauce Fat Free Milk</p>	<p>27 Beef & Cheese Soft Taco Romaine Salad Chilled Pears Fat Free Milk</p>	<p>28 BBQ Ham on a Bun Sweet Potatoes Mandarin Oranges Fat Free Milk</p>	<p>29 Popcorn Chicken Seasoned Rice Sliced Carrots Fresh Fruit Fat Free Milk</p>	<p>30 Cheesy Hot Dog on a Bun Baked Beans Mixed Fruit Cup Fat Free Milk</p>	
<p>Monday Corn Dog Nuggets with Bread Slice Chef Salad with Bread</p>	<p>Tuesday Peanut Butter and Jelly Sandwich Chef Salad with Bread</p>	<p>Wednesday Breaded Chicken Patty on a Bun Chef Salad with Bread</p>	<p>Thursday Peanut Butter and Jelly Sandwich Chef Salad with Bread</p>	<p>Friday Cheese Pizza Chef Salad with Bread</p>	